



WHY HAVE I RECEIVED THIS MESSAGE?...

Long-Term Condition Reviews

To help you stay well, we carry out regular health checks for patients with certain long-term conditions.

When will my review happen?

- Reviews are usually arranged in (or around) your birthday month – to make them easy to remember.
- Some conditions require more frequent checks (for example – every 6 months) to help keep you well.

Which conditions are reviewed?

- Atrial Fibrillation – **yearly**
- Diabetes (Type 1 & 2) – **every 6 months**
- Heart failure – **every 6 months**
- Hypertension – **yearly**
- Chronic heart disease – **yearly**
- Chronic kidney disease – reviews are arranged every **3, 6, or 12 months** depending on the stage of your condition.
- Stroke or TIA – **yearly**
- Peripheral artery disease – **yearly**
- Non-diabetic hyperglycaemia (pre-diabetes) – **yearly**

What appointments are required?

All are 20-minute health care assistant appointments for blood tests, blood pressure monitoring as required.

Follow up appointments take place with specialist nurses for patients with diabetes / asthma / COPD.

Additional Conditions / medication monitoring

Certain conditions and medications require more frequent monitoring to ensure your treatment remains safe, effective, and to reduce the risk of complications.

- Coeliac disease – **yearly**
- Patients taking blood thinners (DOACs such as Apixaban, Rivaroxaban, Dabigatran or Edoxaban) will have reviews every 3, 6, or 12 months depending on the medicine.
- Certain medicines require regular monitoring to ensure safe and effective use. If you are prescribed any of the following, we will recall you for reviews every **3 months, 4 months, 6 months, or annually** depending on the medication:

- *Azathioprine, Carbimazole, Amiodarone, Eplerenone, Spironolactone, Allopurinol, Asacol, Carbamazepine, Digoxin, Levothyroxine, Mesalazine, Olanzapine, Risperidone, Valproate, or Mirabegron.*



www.bradleystokesurgery.nhs.uk
www.stokegiffordmedical.co.uk



BSS 01454 616262
SGMC 0117 9799430



bnssg.smg-admin@nhs.net



Bradley Stoke Medical Centre Brook Way Bradley Stoke Bristol BS32 9DS
Conygre Medical Centre 3 Conygre Road Filton Bristol BS34 7DA
Stoke Gifford Medical Centre Ratcliffe Drive Stoke Gifford Bristol BS34 8UE